

EXPERIENTIAL TRAININGS

THE ROPES COURSE

TEAM SOLUTIONS, FLORIDA™

(305) 790-4286

(417) 894-4434

www.teamsolutionsfla.com

Most Photos taken at the TRAC Ropes Course

Florida International University

Adjacent to The Kovans Center

North Miami Florida



**WHERE IS YOUR TEAM?
WHERE ARE YOU?**

Access Talent

Green Grass

Let's Play

The Heights

Portables

Young at Heart

Adventures

Completion

**"Knowledge is experience,
everything else is information"**

Albert Einstein

ACCESS TALENT



Your staff, employees, partners and friends are smart. They know communication, teamwork, and leadership; have multiple degrees, awards and certificates; know what letter combination represents their unique style, where they fall on a personality quadrant, or what their IQ is. Their spare time is filled with bowling leagues, little leagues and fantasy leagues; Super Bowls, World Cups and golf tournaments; community theater, volunteer outings and holiday dinners.

Accessing this knowledge in the moment, when clients, customers and co-workers have real life issues at stake, is the realm of ropes course styled experiential trainings.

“Talent wins games, but teamwork and intelligence wins championships”

Michael Jordan

GREEN GRASS



Experiential learning, especially ropes courses, often happens outdoors, in natural settings. Do not let the green grass fool you. A Ropes Course is a laboratory. The results are more a product of discovery and revelation, than instruction or methodology.

The initiatives are designed to include every participant regardless of physical ability, endurance, talent, or inclination. Challenge by choice means that one always chooses their own level of participation. Value nearly always exceeds expectation regardless of one's level of participation.

**“One must learn by
doing the thing; though you
think you know it, you have
no certainty until you try.”**

Sophocles

**“Teach only when cornered,
otherwise let the people learn.”**

Keith King

LET'S PLAY

A program's length can range from a few hours to multiple days. An organization may focus on reinforcing small teams that will fuel future success. Other groups discover team building and personal strategies that transcend personalities, and apply to the entire organization. By the end of the day, relationships are strengthened, strategies are formulated, and valuable work is accomplished through the process.

**"The way you do anything,
is the way you do everything"**

As retold by Andi Burgess
Challenge U., San Diego CA

A day...

- Introduction
- Warm up
- Large group initiatives
- Divide group into pods of 8–12 participants
- Ground level challenges
- Lunch, BYO or catered
- Regroup
- Climbing initiatives
- Review of the day



"You cannot teach a man anything; you can only help him find it within himself.

Galileo

THE HEIGHTS

A component of many experiential learning programs is climbing. One does not have to climb high, or climb at all, to get value from the event. High elements transform the program from an academic exercise, into an activity with something real at stake. Participants rise to the occasion as members of the safety belay team, as coaches, cheerleaders, supporters, and as climbers.

Safety is always the primary consideration. All equipment surpasses national standards receiving regular, third party inspections. Participants are encouraged not to climb if they have any physical limitations, and should not to go beyond their personal comfort levels. Taking care of one's physical and mental well being is an important aspect of any program, and is one of the important distinctions participants discover.



“Tell me and I forget. Show me and I remember. Involve me and I understand.”

Chinese Proverb



Experiential trainings are about discovery. Nothing beats a natural setting, but logistics, weather, or other issues may require adaptation and accommodation. Outdoor activities can be altered and other initiatives are designed specifically for indoor spaces, conference rooms, cafeterias, hotels, classrooms or offices.



PORTABLES



YOUNG AT HEART



Experiential programs transcend age, physical ability, intelligence, and culture. Young participants are aware of empathy, best effort, and conflict resolution; teens add planning and advanced communication techniques; late teens and young adults include self discipline, trust, and sacrifice to this list. Most of the same activities are used, but modified for the level of the participants. The differences are found in the process and the conversations that surround the activities.



“The things we have to learn before we do them, we learn by doing them.”

Aristotle

ADVENTURES



Valuable experiences can happen in a small room, but the world is large. Exploring different environments is an exciting variation of the ropes course experience. Activities like kayaking, float trips, camping, orienteering provide unique challenges, and memories that last a lifetime.

“We shall not cease from exploration and the end of all our exploring will be to arrive where we started and know the place for the first time.”

T.S..Eliot, Four Quartets



COMPLETION

“I believe that a ropes course provides everything anyone could want. They provide mental challenge, physical challenge and emotional challenge. A good ropes course helps teach termination, goals, success orientation, team-building skills and self-confidence.”

Linda Hansen
Burns Recovered Support Group,

“I admit it, I didn't want to do it. I thought it would be fun for some of the staff, the outdoor types, but not me, and especially not my partners, and there was real work to do. By lunch I was thanking my HR person Rachel for setting this up, and that's before we climbed. We were not a broken company, but now the bond is tangible and quantifiable by lower turnover expense, less sick days, efficiency, year end profits.”

Jorge Rodriguez
Regional Manager
Wendy's Restaurants

“There is a clear distinction between the days we entered the MSMIS program without starting with a ropes course, and now. Now the students come to class as a team, in relationships, ready to begin an extremely demanding program. This is not simply nice, it is essential to our success.

Zuzana Hlavacova
Program coordinator
MSMIS, Florida International University

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